

MOTHER DIVINE PUBLIC SCHOOL

DIVINE SPECTRUM

Newsletter Grades: NURSERY to V (April and June, 2024)



As the Junior Programme Coordinator, I am excited to share our approach to the curriculum for our junior classes. We employ a playway method designed to foster holistic growth and personality development in our young learners. Through engaging activities and a nurturing environment, we aim to provide each child with the care and attention they need to flourish and shine. Our goal is to support their development in a way that allows them to become well-rounded individuals, ready to excel and grow.

Warm regards

AASTHA BHOLA

(JUNIOR PROGRAMME COORDINATOR)

Greetings to everyone!!

As we embark on the year 2024, I extend my heartfelt wishes to each of you for a splendid year ahead. It gives me great pleasure to welcome you all back to school following the completion of a session. This moment marks the beginning of new opportunities, and I trust that this academic year will bring you joy, success, and robust health. Let us endeavor to make this year unforgettable by setting ambitious goals and diligently working towards achieving them. I am confident that with your unwavering dedication and hard work, you will accomplish your aspirations and make this year truly exceptional.



As we embrace the new academic session 2024-2025, I am filled

with optimism and enthusiasm for the prospects it holds. I firmly believe that this year will be characterized by significant learning, personal growth, and achievements for all our students. We eagerly anticipate witnessing the remarkable accomplishments that lie ahead. At our School, our commitment lies in fostering an environment where students can realize their full potential. We are dedicated to nurturing a stimulating atmosphere that cultivates creativity, curiosity, and critical thinking. Our exceptional educators stand ready to inspire and guide students on their educational journey, instilling a lifelong passion for learning. I eagerly anticipate seeing all our students progress towards their goals and making the most of this academic year. I encourage you to seize the season and embrace the opportunities that come your way—whether through extracurricular activities, club participation, or assuming leadership roles. Let us collectively make this year one of growth, exploration, and achievement.

Please pursue this newsletter, which celebrates our students' successes and prioritizes their well-being alongside academic advancement. Together, let us make this academic year both memorable and successful.

Warm regards
SAHIBJEET KAUR
(MIDDLE PROGRAMME COORDINATOR)



ORIENTATION DAY

The session was initiated by respective class teachers and Junior Programme Coordinator, Ms. Aastha Bhola, with warm introductions and a very hearty welcome extended to the parents. The children were visibly thrilled to reunite with their teachers, while parents actively engaged in clearing their queries and doubts.





WELCOME DAY

The aim was to foster a positive, healthy environment and instill a love for learning, ensuring children approach school happily.

A 'first day at school' craft activity was a fun-filled and frolicsome affair, marking the beginning of strong bond between students, teachers, and the young rising stars of MDPS.









WORKSHOP AND SEMINARS





HEALTH CARE

A comprehensive school health programme plays a crucial role in fostering a healthy learning environment ensuring students' physical, mental and emotional well-being. A Health Check Up Camp was organized for the students of Grades Nursery-V. A comprehensive general health and dental check up was carried out promoting awareness about preventive measures and healthy living. A health record was maintained for each student and necessary medical advice was given to all the parents.





SELF DISCIPLINE

"Self-discipline is the bridge between goals and accomplishment."

With rising distractions and reducing attention spans, it is very easy to be left behind in a world that operates at a neck-breaking pace. To ensure endurance and inner strength, this workshop aimed at instilling the importance of maintaining discipline in students' lives. The activity involved a presentation using a PowerPoint (PPT) to illustrate key aspects of self-discipline. Through engaging

explanations and interactive discussions, students were enlightened on the significance of adhering to rules and regulations, both within and outside the school premises







WASTE MANAGEMENT

"Together we can conquer waste and create a better future."

The impact of waste is clearly visible on our environment and society. Schools being at core in our societies can have big influence on the way we deal with such issues. The aim of this activity was to raise an awareness regarding effective disposal of waste. An informative PPT was presented to the students sensitizing the serious issues of improper waste disposal and teaching them the best methods to dispose, treat and recycle waste. They were guided to become waste warriors to make this planet a better place.











GRATITUDE DAY

'Acknowledging the good that you already have in your life is the foundation for all abundance. Gratitude sweetens even the smallest moments.'

Gratitude, when cultivated, boosts students' mental well- being by nurturing positivity in them. Students who embrace it tend to demonstrate high levels of motivation, improved academic achievements and deeper social bonds within their schools and communities. With the purpose of fostering gratitude among students, the students crafted personalized cards and frames embellished with images and messages expressing gratitude to those whose labour makes our lives better. The activity served the purpose by instilling respect for all the professions and to learn to value them better. Let's salute their hard work!







Check in Day(Feeling Meter)

"When you start the day with a smile great things happen"

Feeling Meter Day Activity to promote emotional awareness and they actively engaged in the Feeling Meter activity, using emojis to represent a range of emotions. Their participation was enthusiastic, and each child effectively communicated through feelings through their chosen emojis. The activity fostered emotional awareness and provided valuable insights into the children's emotional state, contributing to a positive and reflective classroom environment.





Baisakhi Celebration

Well-planned activities to acquaint the students with this harvest festival were conducted at all levels. The activities were consciously designed to nurture the students' curiosity about Baisakhi and stimulate their creative skills in gaiety. Students were told about the various aspects of this harvest festival through audio video presentations. Together with their teachers, students matched steps to the vigorous rhythms that are customary at this time.









World Heritage Day

The Junior Programme students showcased their creativity through engaging activities like PPT presentations, creative construction, and poster making. Our students delved into the importance of preserving cultural heritage with enthusiasm and talent.

Yellow Colour Day

The students of Junior Programme celebrated Yellow colour day with great enthusiasm and vibrancy. The event aimed to promote creativity, joy and unity among students, teachers and staff.

Creative workshops were organized, Classrooms were adorned with yellow-themed decorations, and artwork created by students. Fun quizzes and games related to the color yellow were conducted, enhancing students' knowledge while keeping them entertained. It served as a memorable day filled with fun, learning, and memorable experiences for all participants.









Plantation Drive

A special assembly was organized to educate and inspire students about the significance of preserving our planet. Through collective efforts and conscious actions, we can contribute to the well being of Earth and ensure a sustainable future.







Pledge - A promise to my motherland

"To my mother land ,I pledge my unwavering loyalty and dedication"

A pledge: A promise to my motherland "serves as a powerful reminder of the responsibilities and privileges of citizenship. By committing to this pledge ,individuals can make a meaningful impact on their country, fostering a spirit of unity and progress.











Mindfulness

'Mindfulness' activity " for students of Grades-I and II aimed at promoting emotional well-being and self-awareness.

Students practiced mindful breathing exercise, meditation and mindful listening exercises.

This activity was a valuable experience for children, providing them with practical skills and insights for cultivating mindfulness and emotional resilience.





Let's Collaborate for Healthy Earth

The "Trash to Treasure" activity undertaken by Junior Programme students was a commendable display of creativity and environmental awareness. Through repurposing waste materials brought from their homes, the students showcased their ingenuity and commitment to sustainability. The activity not only fostered creativity but also instilled important values of resourcefulness and environmental stewardship among the students. Overall, the "Trash to Treasure" activity was a valuable educational endeavor that empowered students to become agents of positive change, both in their immediate surroundings and beyond.











Get set go

The Mother Divine Disaster Management Team for Junior Programme conducted an earthquake mock drill. The Disaster focal teacher led a presentation covering preparedness before, during, and after an earthquake. Before the earthquake, emphasis was placed on creating a family safety plan and securing hazardous materials. During the drill, the standard operating procedure of DROP, COVER, AND HOLD was stressed, explaining its importance I safeguarding our lives from various hazards such as electronic damages, falling trees, and poles.

Students learnt a turtle pose for safety and were educated on the roles of team leaders and members during both drills and real earthquakes. The drill began with a horn signal, prompting teachers and students to initiate the evacuation process swiftly. Under the supervision of vigilant teachers and administrative staff, students moved promptly towards emergency exits.

International Dance day

'Dance is the hidden language of the soul'

In order to share the joy of dance to the world and promote all forms of dance, International Dance Day is celebrated globally on April 29. Students participated in different dance themes including Bhangra, Rajasthani and semi-classical. The students adorned themselves in attractive costumes and flawlessly represented their respective dance forms. The event was a delightful display of talent and cultural diversity. It was a resounding success, leaving a lasting impression on the audience.









Go for Red

The Red Colour Day, a vibrant event filled with creative activities designed to engage young minds. The participants of the Junior programme, enthusiastically crafted hand bands, head bands, Lady Bug sun catchers and butterfly sun catchers. The creativity and joy were palpable as the students eagerly shared their ideas and collaborated on their designs. This activity required a touch of precision. The event not only provided an opportunity for students to learn about colors and artistic expression but also fostered a sense of community and collaboration.





Indoor Games

The Junior Programme orchestrated a series of engaging indoor activities catering to various age groups. Nursery children delighted in "Crops the Tunnel," fostering teamwork and exploration. Kindergarten students showcased their coordination in "Caught the Ball," honing their motor skills and spatial awareness. Grade I students enthusiastically participated in the hopping activity, showcasing their agility and balance. Meanwhile, Grade II students engaged in "Pass the Ball," enhancing their cooperation and hand-eye coordination. These activities not only stimulated physical development but also fostered social interaction, creativity, and confidence among the participants, enriching their holistic growth experience.









Self Portrait (SEL)

Students engaged in various self-portrait activities tailored to their levels. Nursery kids explored career aspirations through flashcards. Kindergarteners molded clay into community helpers, fostering creativity and understanding. Grade I & II students crafted facial expressions and frames, expressing emotions and fostering creativity. These activities nurtured early career exploration, understanding of societal roles, and artistic expression.





MOTHER'S DAY

Children of Grade Nursery celebrated Mother's Day on May 10th! "The children made a heartwarming entrance with their mothers as they arrived at the gates, accompanied by the melodies of songs being sung. This scene radiated joy and warmth as the children, hand in hand with their mothers, brought music and laughter to the surroundings.







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World Environment Day

"Protect our planet, protect our nature"

The activities organized for World Environment day at Junior Programme were a remarkable success, with parents reporting enthusiastic engagement in both clean up and planting tasks. This hands on experience not only educated the students about environmental stewardship but also strengthened the bond between families and their local communities through shared efforts.





International Yoga day

"Yoga is the journey of the self, through the self, to the self."

On Yoga day, our little students came together to perform various yoga asanas, celebrating health, harmony and well being. This event was a wonderful opportunity for our students to learn about the importance of yoga and its benefits for both body and mind. The enthusiasm and participation of the children made the event a grand success.























International Yoga Day

21st June

"Yoga is the journey of the self, through the self, to the self."



Development of Skills Among School Teachers

The art of teaching is the art of assisting discovery.

A workshop on Development of Skills Among School Teachers was structured into several key sessions, each addressing different aspects of skill development. The session was led by a team of by the Middle Program Coordinator Ms. Sahibjeet Kaur, who is specialized in instructional strategies, classroom management, a consultant on technology integration and a professional development coach. In conclusion, the workshop achieved its objectives of improving teaching practices and fostering a collaborative environment among the staff.







Embellish Your Classrooms

"The only way to do great work is to love what you do."

The aim of this activity was to create an inviting and dynamic space conducive to the learning environment. The students and teachers were engaged in various artistic activities, including creating welcome banners, designing motivational posters and crafting classroom decorations related to the chosen theme. Every student contributed to the embellishment efforts, whether through artwork, DIY projects or thematic displays.





Fun Games

Our commitment to nurturing both academic excellence and physical well-being sets us apart, creating an environment where students can thrive both in and out of the classroom. Keeping the same thought in mind, the Sports Department of Mother Divine Public School organized 'Fun Games' for the students of Grades - Nursery to IV. For Grade V some lively fun indoor games were planned like Ludo, Chess and Carom. Simultaneously, students were taken to the ground for exhilarating outdoor games like obstacle race, parachute, basketball and collect the cone.











Earth Day

'Reuse your today so that you don't have to reduce your tomorrow'

Every day is Earth Day. As part of Earth Day celebration, which aimed at raising awareness about environmental conservation and motivate students to do their bit towards making their planet a better place to live. 'Slogan Writing Activity' was organized wherein they brainstormed impactful slogans such as 'Protect Our Earth, Secure Our Future' and "Reduce, Reuse, Recycle for a Greener Tomorrow'.





Where shall I Go

'Learning is not a spectator sport'

With enthusiasm, students documented their discoveries through written descriptions and visuals, enhancing their comprehension in a fun and interactive way. This hands- on approach not only deepened their understanding of prepositions but also fostered creativity and critical thinking skills.







Hot Seat Identify the words through actions

Dumb Charades is a fun and entertaining activity that requires creativity, prompt thinking and ability to convey ideas without words. It makes the learning process fun, interesting and effective. The students of grade IV eagerly took part, showcasing their creativity, teamwork, and communication skills in this classic game of gestures and imagination. The activity allowed the students to imagine, experience, build, investigate, explore, create and act according to the given situation. The activity helped language learning enjoyable and effective.





The Mimic Game

'Great performance is never luck...It takes a lot of focus, heart and hard work'

The Mimic Game encourages the students to showcase their talent and skills to present their thoughts and feelings through dramatisation. Students brought famous personalities to life on stage. With beautiful costumes and props, the students of grade V transformed into historical figures, literary icons, and contemporary heroes, and captivated the audience with their performances.









Reinvigorating session for Teachers

To improve is to change, so to be perfect is to have changed often...





In alignment with its vision, MDPS hosted a series of enriching sessions focused on Dance, Music, and Art during the Summer Vacation. These sessions were designed to enhance the well-being and rejuvenation of the faculty. The workshops were structured into three main sessions, each concentrating on a distinct discipline: Dance, Music, and Art. Expertise from within the school was utilized to lead each session, ensuring a high-quality learning experience. Feedback from the faculty was overwhelmingly positive. Participants expressed their appreciation for the opportunity to acquire new skills and techniques applicable to both personal and professional contexts. The positive impact of these workshops is anticipated to resonate throughout the school.









In leisure, we find the space to grow, dream, and embrace our true selves.





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